

Health behaviours

Health behaviours directly influence preventable morbidity and mortality throughout adulthood. This chapter reports on alcohol, cancer screening (breast and cervical, and hysterectomy rate), environmental health (water quality and home heating), food handling, immunisation (influenza, pneumococcal, and meningococcal), injury prevention (fire safety measures in the home and swimming ability), nutrition, physical activity (adequate physical activity and neighbourhood facilities, and smoking (including current and daily smoking, smoke-free homes and cars, and smoking in licenced premises and outdoor dining areas).