

健康知識為甚麼重要

健康知識水平低會增加這些風險：



用藥
管理不善



老年人
健康欠佳



得不到
流感疫苗注射

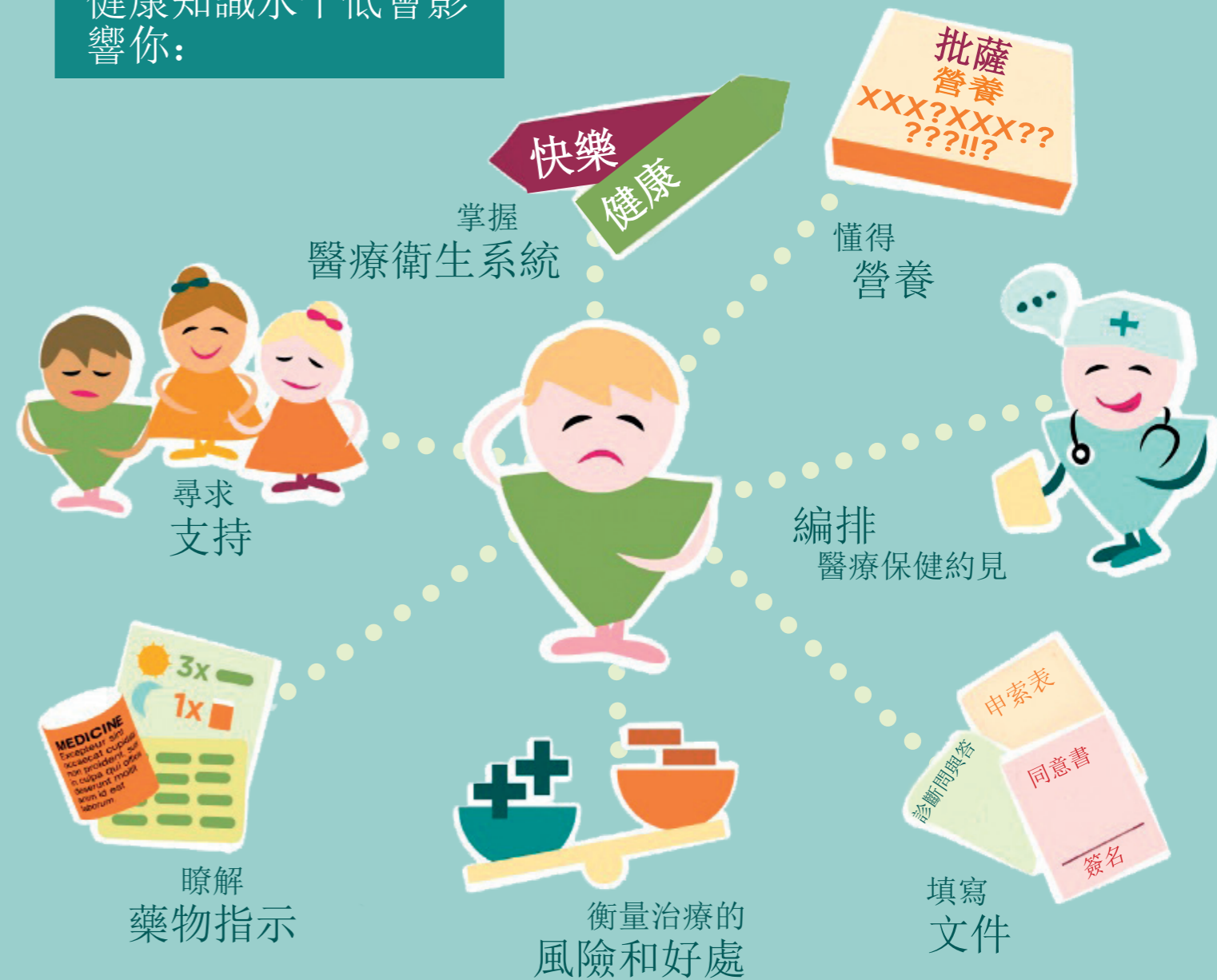


需要
住院



健康知識為甚麼重要

健康知識水平低會影響你：



www.safetyandquality.gov.au

Adapted from the Australian Commission on Safety and Quality in Health Care.
Reviewed by Auburn Hospital Medical Services, Pharmacy, and the WS LHD Translation Service.
Translated by the WS LHD Translation Service October 2015.

TRADITIONAL CHINESE

消費者健康知識

健康知識是甚麼？

60%
人口

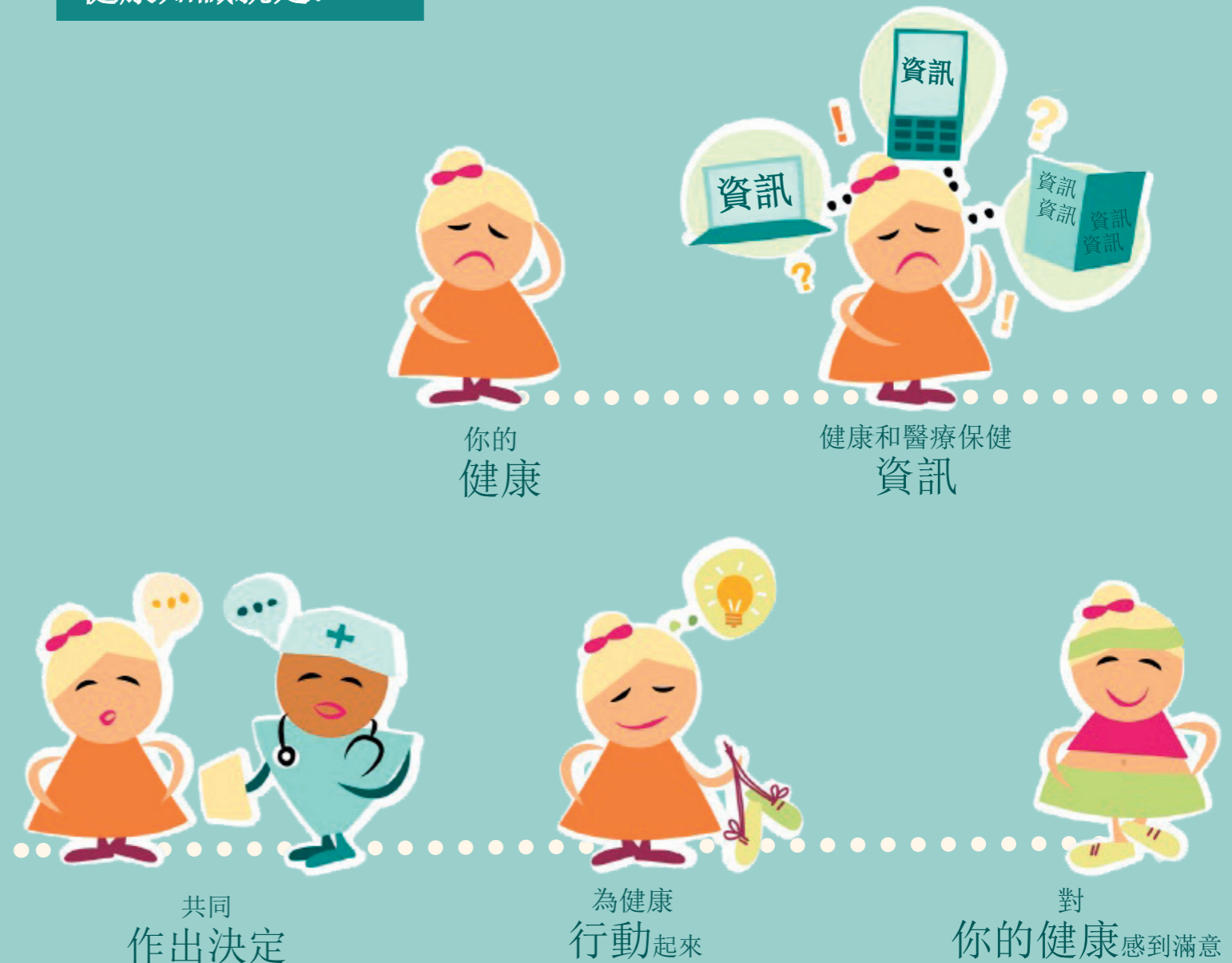


低
健康知識水平

澳洲 60% 人口的健康知識水平偏低。健康知識水平低，表示在尋求、瞭解、使用關於個人健康和醫療保健的資訊時缺乏所需的知識。



健康知識就是：



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澳洲人的健康知識

澳洲人的總體健康知識

60%
低水平

40%
適當水平



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設有免費和保密的醫療衛生傳譯服務，包括澳洲手語 (Auslan) 傳譯，每週 7 天，每天 24 小時。請向職員要求為你安排傳譯員。

照顧人就是為他人提供護理和無償幫助的人士，他們可能是家人、朋友或鄰居。如果你有照顧人，請通知醫療人員。

所有我們的醫療衛生設施都是 100% 禁煙的，違者罰款。如需聯絡
Quitline: 137 848 或 www.icanquit.com.au

醫院範圍內提供收費泊車位。

我們歡迎你對本小冊子提出反饋，以不斷改善我們的服務。

反饋意見請送往：

WSLHD-Get_Involved@health.nsw.gov.au

