

# 健康知识为什么重要

健康知识水平低会增加这些风险：



用药  
管理不善



老年人  
健康欠佳



不了解  
疾病和病况



得不到  
流感疫苗注射

需要  
住院

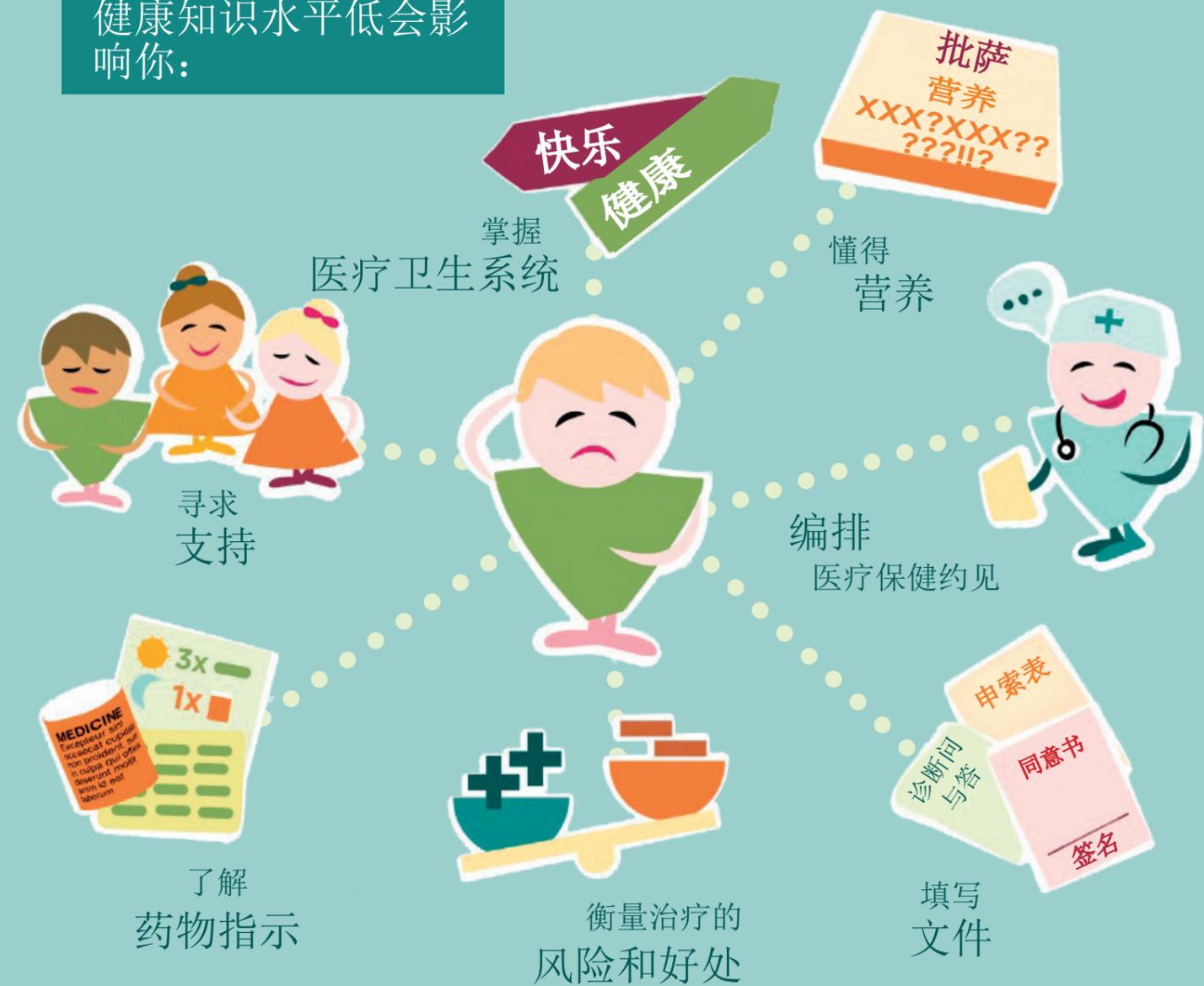


[www.safetyandquality.gov.au](http://www.safetyandquality.gov.au)

Adapted from the Australian Commission on Safety and Quality in Health Care.  
Reviewed by Auburn Hospital Medical Services, Pharmacy, and the WS LHD Translation Service.  
Translated by the WS LHD Translation Service October 2015.

# 健康知识为什么重要

健康知识水平低会影响你：



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SIMPLIFIED CHINESE

# 消费者健康知识

# 健康知识是什么？

60%  
人口

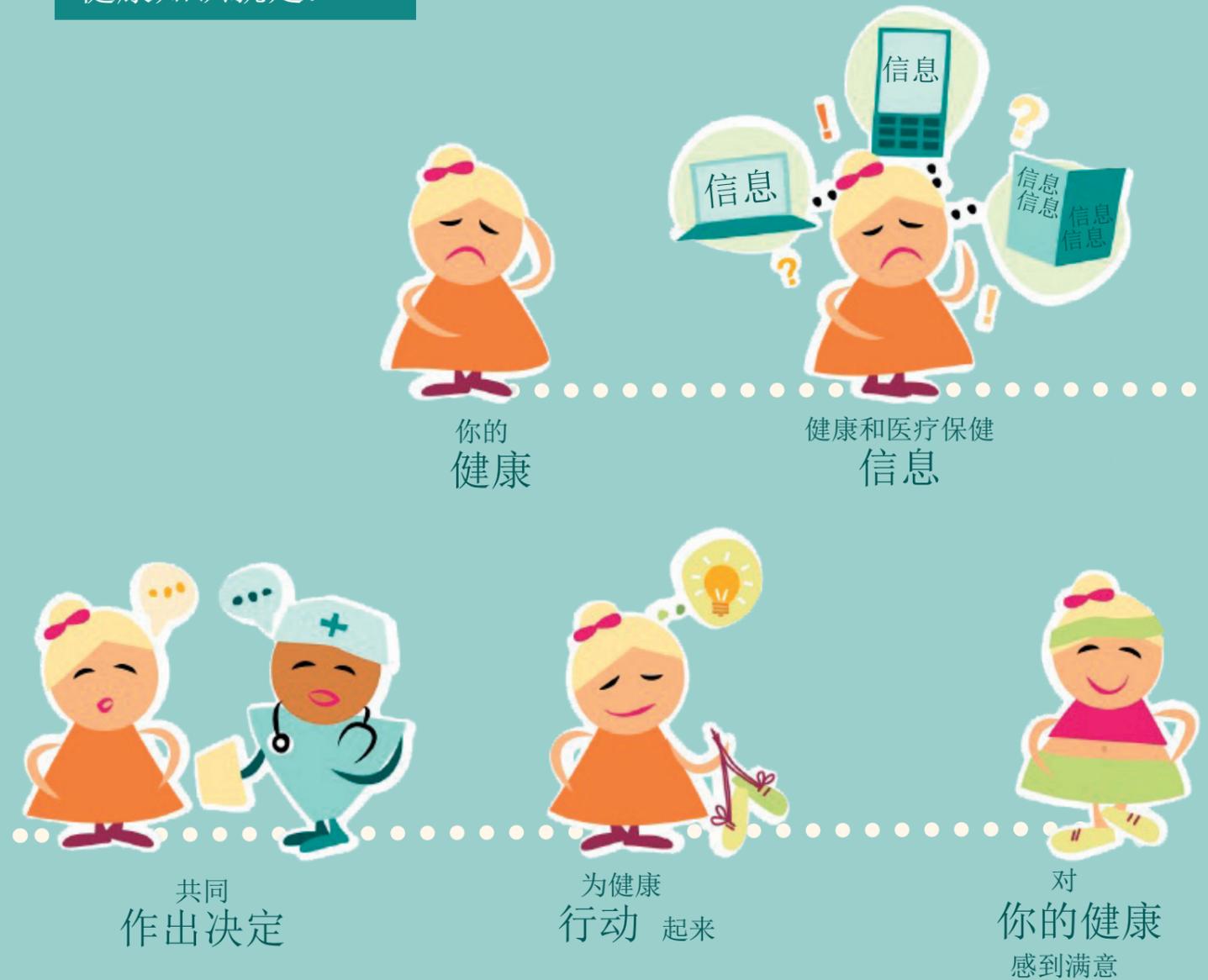


低  
健康知识水平

澳洲 60% 人口的健康知识水平偏低。健康知识水平低，表示在寻求、了解、使用关于个人健康和医疗保健的信息时缺乏所需的知识。



健康知识就是：



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# 澳洲人的健康知识

## 澳洲人的总体健康知识

60%  
低水平

40%  
适当水平



设有免费和保密的医疗卫生传译服务，包括澳洲手语 (Auslan) 传译，每周7天，每天24小时。请向职员要求为你安排传译员。

照顾人就是为他人提供护理和无偿帮助的人士，他们可能是家人、朋友或邻居。如果你有照顾人，请通知医疗人员。

所有我们的医疗卫生设施都是100% 禁烟的，违者罚款。如需联络 Quitline: 137 848 或 [www.icanquit.com.au](http://www.icanquit.com.au)

医院范围内提供收费停车位。

我们欢迎你对本小册子提出反馈，以不断改善我们的服务。

反馈意见请送往：

[WSLHD-Get\\_Involved@health.nsw.gov.au](mailto:WSLHD-Get_Involved@health.nsw.gov.au)

[www.safetyandquality.gov.au](http://www.safetyandquality.gov.au)

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