

CARE OF PINSITES

MONITOR FOR THE FOLLOWING SIGNS OF INFECTION:

- ☹ SEVERE INCREASE IN PAIN
- ☹ SWELLING
- ☹ REDNESS
- ☹ HEAT
- ☹ OOZE FROM PINSITE

If any of the above occurs:

IMMEDIATELY CALL the HAND CLINIC ON 96168713 for advice.
You may be advised to present to emergency, GP or hand clinic for review

DO:

- Keep your dressing clean and dry
- Change your dressing and clean your pinsites weekly or as directed by your therapist
- Use the supplies provided by your therapist
- Wear your splint as directed by your therapist
- Exercise joints free of splint every hour

DO NOT:

- Wet or dirty the dressing
- Use hand for any heavy lifting/work or sports

If you have any concerns regarding infection, your pinsites or your splint:

Please ring 9616 8713 or 96168714– Monday to Friday 8:30am-4:30pm for advice.
Outside of these hours see your GP or emergency department

Therapist: _____

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