

Irinde imibu



Ibimu irashobora gukwirakwiza encephalitis (Indwara ituma ubwonko bubyimba) yo mu Buyapani. Nindwara idasanzwe ariko ikomeye.

- > Wambare imyenda irekuye kandi yoroheje hamwe n'inkweto zifunze mugihe uri hanze
- > Irinde kuguma hanze izuba rirashe kandi igihe izuba rirenze
- > Koresha umuti wirukana udukoko kuruhu ufite DEET, picaridine, cyangwa amavuta ya eucalyptus
- > Koresha umuti wica udukoko uterwa nimiti bacana ishya gahorogahoro inukira nabi imibu igahunga
- > Pfukirana amadirisha nizugi n'utuyungiro turinda udukoko.
- > Kura ibikoresho bibika amazi hanze yinzu yawe aho imibu ishobora kwororokera

Niba ufite impungenge zamagara kandi ukeneye imfashanyo yururimi, hamagara TIS 131 450 hanyuma usabe Health Direct Tel. 1800 022 222

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