

What is the best way to look after your family?

By taking care of yourself!



Regular health screening helps you to live a longer and healthier life

Cervical Screening

Cervical Screening is for women **over 25 years** of age to check the health of the cervix.

If you prefer, the procedure can be done by a **female doctor/ GP** or a **female nurse**.



Did you know?

You can have a Cervical Screening Test at **any time** during pregnancy.

Pregnancy is an **ideal time** to have a Cervical Screening Test as you might be busy after the baby comes.



Learn more about a Cervical Screening Test at

www.cancer.nsw.gov.au/cervical-screening-nsw/



At any time, if you have **any symptoms** or notice any changes in your body – **don't wait - go to your doctor/GP**

 If you need an interpreter, please call Translating and Interpreting service (TIS) on 131 450.

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